# Verona Senior Citizens Commission February 13, 2018 Meeting Minutes

**Call to order:** The meeting was called to order by Stiner at 6:11 PM.

Roll Call: Luke Diaz, Brad Stiner, Mary Hanson, Louis Eifert.

**Approval of Minutes:** Motion to approve January minutes - Stiner, seconded - Diaz, approved, 2-0.

### **Director's Report**

The wellness area remodeling is complete. Painting and carpeting of the front office area and tiling of bathroom floors will begin soon.

- A request to fund Virtual Reality equipment will go to the Finance Committee on Feb. 19.
- The Director will present the 2017 Annual Review and 2018 Preview on Feb. 26 at 10 AM.
- We have selected a new Case Manager who will start on March 19.
- We are working with Miller's & Pizza Ranch to provide some options for congregate meals.
- We encourage Verona residents to do the POLCO city survey on the City of Verona website.

# **Dementia Friendly Community Report**

Program Assistant Jan Paul and Club 108 Volunteer Lou Slamar attended a Dementia Friendly Community Leaders Breakfast on Feb. 7. Dementia Friendly activities planned for 2018 include an Educational Series:

- 1. March 7-12:30PM Know the Ten Signs of Dementia
- 2. April 4-12:30PM The Basics of Memory Loss and Dementia
- 3. May 2-12:30PM Health and Habits of Those With Dementia

The presenter will be from the Alzheimer's Assn. Senior Center staff will also share information.

#### **Case Management January 2018**

Office/home visits/outreach total: 28 Groups: Caregivers support group, Veterans group Training or outreach meetings: TRIAD meeting, outreach at Verona Public Library and local senior housing buildings - Sugar Creek, Prairie Oaks II, Evia, Park Verona, Shettler Terrace, Noel Manor.

## **Program Report January 2018**

 Total Seniors Served:
 338
 Units of Service:
 1629
 Volunteer:
 151
 Volunteer Hours:
 286

 Number of Participants by Age:
 54 & under:
 6
 Ages 55-64:
 19
 Ages 65-69:
 53
 Ages 70-74:
 47

 Ages 75-79:
 43
 Ages 80-99:
 53
 Ages 100 +:
 9
 No age entered:
 108

<u>Special January Programs:</u> Birthday Anniversary party with Blue Accordion, Bahama Bob Beach Party, eReader training, Active Shooter presentation, Art & Science of Gratitude, Badger Prairie Cooking Classes, Karaoke, Music & Memory, Watercolor classes, Great Courses "World's Geological Wonders". <u>Ongoing Programs:</u> Coffee hour, fitness & yoga classes, support groups, cards, computer & tech assistance, book club, game night, veterans group, wellness nurse services.

**Financial Update** The 2017 year-end report is pending.

#### **Friends of Verona Senior Center Report**

Friends Board President Louis Eifert will provide a report on Friends activities including discussion about possible fundraisers in 2018.

**Adjournment:** Motion by Stiner, seconded by Diaz, approved, 2-0. Meeting adjourned at 6:43 PM. Submitted by Mary Hanson, Director, Verona Senior Center